

Minor Eye Conditions Service (MECS)

If you have a recent problem with your eyes you can be assessed and treated by the local Minor Eye Conditions Service

Conditions that can be seen under the service include:

- Red eye or eyelids
- Dry eye, or gritty and uncomfortable eyes
- Irritation and inflammation of the eye
- Significant recent sticky discharge from the eye or watery eye
- Recently occurring flashes or floaters
- In growing eyelashes
- Recent and sudden loss of vision
- Foreign body in the eye

You cannot be seen if you have:

- Sudden persistent loss of vision, either complete and partial
- Injuries to the eye, i.e. chemical, penetrating injuries or post-op infections.
- Severe ocular pain
 - A long term conditions such as; Diabetes or if you already under hospital ophthalmologist
- Or are under 3 years old – all under 16's must be accompanied by an adult
- If you think you have conjunctivitis it is best for you to speak your local pharmacy.

How it works

You will have to call the local Minor Eye Conditions Service and you will be triaged and given an appointment. If it is deemed urgent you will be seen within 24hrs and routine problems will be seen within 5 days.

The MECS in Eastbourne is based at:

Specsavers Eastbourne

8B Arndale Centre

Terminus Road

Eastbourne

BN21 3QP

Tel: 01323 649 767

Open: 8.45 – 17.30 Monday – Saturday

10.00 – 16.00 Sunday