

Community Wellbeing Service (Social Prescribing)

Self-Referral Form

- Support with issues impacting on your Mental Health and Wellbeing
- Links to practical support providers around issues such as housing, benefits, debt, legal advice, relationships and parenting.
- Promotes the benefits of social engagement in activities such as
 - ❖ health and leisure
 - ❖ arts and culture
 - ❖ education and training
 - ❖ volunteering and employment
 - ❖ faith and spirituality
 - ❖ befriending and social networks

		Date:	
GP Name:		Your Name:	M/F
Surgery:		Address:	
NI Number:		Post Code:	
Date of Birth:		Date of Birth:	
Telephone:		E mail:	
Preferred method of contact :			
<p>PLEASE LEAVE THIS FORM AT RECEPTION. A COMMUNITY WELLBEING ADVISOR WILL CONTACT YOU or send to social.prescribing@nhs.net Alternatively call 07805 863165 or 01323 340151</p>			

Mental Health Issues that we need to know:	Physical Health problems:	Current medication: (if known)
Other Services and Support Agencies working with you		
Do you consider yourself to be disabled?		
Are you a carer?	How did you hear about our service?	



Areas of Support

Please tick what you would like help with

- | | |
|--|---|
| <input type="checkbox"/> Befriending/Social Activities | <input type="checkbox"/> Housing Advice |
| <input type="checkbox"/> Financial/Debt/Benefits | <input type="checkbox"/> Domestic Issues/Family/Parenting |
| <input type="checkbox"/> Employment/Volunteering | <input type="checkbox"/> Education/Training |
| <input type="checkbox"/> Substance Misuse/alcohol | <input type="checkbox"/> Wellbeing and Health |
| <input type="checkbox"/> Legal advice | <input type="checkbox"/> Carers Support |

Please use this box if you would like to give us more information or you would like support with something not listed above:

I would like to be contacted by the Community Wellbeing Service and agree that they may share relevant information with my GP and other supporting services.

Signed Date

Coordinator: Tara Reddy Mob: 07805 863165/ 01323 340151

email: social.prescribing@nhs.net