

## **British Pregnancy Advisory Service (BPAS)**

If you wish to discuss having a termination of pregnancy you can self-refer to BPAS

- There are clinics, in Eastbourne, Hastings and Brighton
- They offer a full counselling service

**Tel: 03457 30 40 30**

- Calls are charged at local rate
- Phone lines open 24 hours a day, 7 days a week

More information can be found at: [www.bpas.org](http://www.bpas.org)